



Application for Evolve Yoga Training Course 200hrs Teacher's Training.

Name

Address

Phone Number

Email

Age

Occupation

**1. How long have you been practicing yoga?**

**2. How has your yoga practice developed and what forms/styles do you practice?**

**3. Do you attend any yoga classes?**

**4. How would you describe your asana practice and do you have any additional seated practice, or pranayama?**

**5. How much home practice do you do, please briefly describe a typical week ?**

**6. Who is your main teacher, how long have you studied with them?**

**7. Please list any workshops that you have attended in the last two years.**

**8. What would be your greatest challenge on the yoga mat**

**9. Have you ever taught yoga before?**

**9. Do you have any training relevant to teaching yoga, e.g. Body work, physical therapy etc.**

**10. Please summarise in between 150-250 words why you would like to be a yoga teacher**

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**11. Is there anything else relevant to your application, including any physical or mental health issues / injuries that we need to know about?**

## References

Please provide us with a reference from a yoga teacher who knows you. If you do not have a regular teacher a reference from a friend/relative who knows you to be a student of yoga can be considered. Someone who will say a few words about your passion to study on this in depth training journey.

**TEACHER'S NAME**

**TEACHERS EMAIL**

**REFEREE NAME**

**REFEREE EMAIL ADDRESS**

Please return your application to [info@evolveyogatraining.com](mailto:info@evolveyogatraining.com)

We will aim to respond to your application within 14 days. For more information about the course, please visit our website and don't hesitate to email us [info@evolveyogatraining.com](mailto:info@evolveyogatraining.com)



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